When should you be concerned about your child's voice?

If your child's voice consistents ounds

- Hoarse
- Breathy
- Nasal, sounding like they are talking through their nose or they are stuffed up (when they don't have a cold)
- Louder or softer than normal
- Excessively high or low pitched voice as compared to their peers

If your child engages in the following behaviours:

- Excessive yelling/screaming/cheering
- Excessive whispering
- · Running out of breath when speaking
- Consistent clearing of their throat or coughing too much

If your child's voice problem persistalk to your family doctor as referral to an Ear, Nose and Throat Specialist may be necessary.